

## Two videos:

- **Make a video of yourself teaching the concepts of Negative Love and Patterns (maximum 10 minutes)** – Recommended resources: Your student workbook, the “Hoffman: Explaining the Negative Love Syndrome” video on our [website](#), the “Path to Personal Freedom and Love” booklet (you can download this from our [website](#)), “Journey Into Love” by Kani Comstock, “The Hoffman Process” by Tim Laurence
- **Make a video on why we should hire you as a Hoffman Process teacher (maximum 5 minutes)** – Show us why you think you would make a great Hoffman Process teacher and why this is a good fit for you.

## Essay responses to the following (maximum 6 pages total, 1.5 spacing, 12 point Arial font):

- **Knowledge, Skills, and Abilities (maximum 3 pages)** – Rather than focusing on your love of the Process, please tell us about the specific skills, knowledge, and abilities you would bring to the role of Hoffman Process teacher. What past experiences, courses, and education do you have that are similar? What would be new/foreign to you as a Hoffman Process teacher? In your response, consider:
  - Holding space for emotional exploration in front of a group and individually
  - Leading groups through emotionally intense experiences/breakthroughs
  - Successfully operating in a team environment
  - Skillfully teaching emotionally charged concepts in front of a group
  - Experience teaching/leading online using videoconferencing technology
- **Central Teachings of the Hoffman Process (maximum 1 page)** – What do you see as the central teachings of the Hoffman Process? Address this question generally and personally.
- **Other skills, background, and experiences you have that could contribute to the Hoffman Institute Foundation (maximum 1 page)**
- **Hoffman Process Teacher Training and You (maximum 1 page)** – Over the course of two years, the training to become a Hoffman Process teacher takes place in Northern California; Kansas City, KS; and internships at selected sites. There will be regular weeknight trainings, weekend

trainings, and the attendance of many Processes. This requires both availability and flexibility of scheduling and travel. Describe your plan of how this will fit into your life over the next two years.

- **A current resume or CV**
- **Recent photograph**
- **Two confidential letters of recommendation**
  - Request letters from two people who have been professional supervisors, colleagues, or teachers (excluding Hoffman teachers). Ask each to appraise your performance in the following areas: 1) intellectual abilities and learning capacities, 2) achievements, 3) emotional maturity and willingness to grow, 4) presence in front of a group, and 5) interpersonal and team skills. Do not have more than two sent, only two will be considered.
  - **These reference letters are confidential and must be emailed directly to Deb Bethany at [programs@hoffmaninstitute.org](mailto:programs@hoffmaninstitute.org) by the person making the recommendation in order for them to be included with your application**

### **Teacher Training Application Deadline**

The application deadline is September 29th, 2023, no later than 2:00 p.m. Pacific Time. The following items must be submitted for your application to be considered complete:

- Signed application
- Two videos
- Essay responses
- Current resume/CV
- Recent photograph
- Two confidential letters of recommendation